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Established in 1909 by the 18th Continental Congress, our members have known for over 100 years how important our natural resources are. Let's all work together to continue their vision of a healthy environment.

The Seventh Generation Principle is based on an ancient Iroquois philosophy that **the decisions** we make today should result in a sustainable world seven generations into the future. That is 150 years! How do we do that? Protecting our limited Nature Resources and considering our carbon footprint are things each of as preservers of the planet can do. Every single act can multiple ten-fold. Here are some ways to begin:

2022-2025 Chapter Challenge: "Put the Sparkle Back in Your Community!"

**Participate in a Local Community Clean Up:** Organize a group from your chapter, or perhaps get multiple chapters together, and identify a place that needs some clean up. This could be a National, state, city, or local park, a local beach, or even a cemetery. Pick up trash, remove non-native invasive weeds or plants, plant a tree, or do some trail maintenance.

Following the Clean Up: Don't forget to document your project and be sure to take lots of pictures. Email your photos and a description of your project to this committee.

## 2022-2025 Member Challenge: "Plant a Pollinator Friendly Garden"

Birds, bats, bees, butterflies, beetles, and other small insects and animals that pollinate plants are responsible for bringing us one out of every three bites of food. They also sustain our ecosystems and produce our natural resources by helping plants reproduce.

A pollinator garden is one that attracts bees, butterflies, moths, hummingbirds, or other beneficial creatures that transfer pollen from flower to flower, or in some cases, within flowers. Planting a pollinator garden, even a small one on a balcony, can make a huge difference as pollinators have suffered greatly from loss of habitat, misuse of chemicals and spread of invasive plant and animal species. Many pollinators have disappeared, and others are endangered! And don't forget to include your chapter and member challenges to this Committee Chair, and include on your Chapter Master Report!

The NSDAR Conservation Award is to recognize adult and youth volunteers, including DAR members, with distinguished conservation records; businesses that exhibit sustained efforts to improve the environment or to educate the public on conservation issues; and compensated individuals who go above and beyond the requirements of their jobs. The criteria for issuance should include: outstanding efforts in wildlife and nature centers; resource management; park establishment; youth leadership; conservation-related media and education. Medals will be presented to each person in the group receiving the award.



The candidate nominated must be sponsored by a chapter or a state organization and should have at least two letters of recommendation written by non-DAR members. Other materials such as newspaper or magazine articles should be sent to substantiate the recommendation. This award may be given throughout the year. There is no deadline date. Please allow an eight-week turn-around time from the date you submit your nominee and the date of the presentation of the medal.

Information is available on the NSDAR website, under the Conservation Committee link.

What else can you do? Visit one of the 42 DAR Forests on your next vacation. Include a Conservation Minute at your meetings or in your chapter newsletters. Participate in the Great Backyard Bird Count in February, plan a special Earth Day or Arbor Day event in April, celebrate National Pollinator Week in June, National Honey Bee Day in August, or America Recycles Day in November. All of these special days and more are available on the NSDAR website or by contacting your KSDAR Committee Chair today!



Our mission is to provide and encourage good stewardship practices for a more sustainable future for all those who will follow us for generations to come!